Quick Start Guide for FreeStyle Libre Reader

Setup Overview
Refer to your User’s Manual for full system instructions and information.

1. Assemble and Apply Sensor to the back of your upper arm

**STEP 1**
Select site on back of upper arm. Do not use other sites as these are not approved and may result in inaccurate glucose readings.

*Note:* Avoid scars, moles, stretch marks, lumps, and insulin injection sites. To prevent skin irritation, rotate sites between applications.

**STEP 2**
Clean site with alcohol wipe. Allow site to dry before proceeding.

**STEP 3**

*CAUTION:* Sensor codes must match on Sensor Pack and Sensor Applicator or glucose readings will be incorrect.

**STEP 4**
Line up dark mark on Sensor Applicator with dark mark on Sensor Pack. On a hard surface, press down firmly on Sensor Applicator until it comes to a stop.

**STEP 5**
Lift Sensor Applicator out of Sensor Pack.

**STEP 6**
Sensor Applicator is ready to apply Sensor.

*CAUTION:* Sensor Applicator now contains a needle. Do not touch inside Sensor Applicator or put it back into Sensor Pack.

**STEP 7**
Place Sensor Applicator over site and push down firmly to apply Sensor.

*CAUTION:* Do not push down on Sensor Applicator until placed over prepared site to prevent unintended results or injury.

**STEP 8**
Gently pull Sensor Applicator away from your body.

**STEP 9**
Make sure Sensor is secure. Discard used Sensor Applicator and Sensor Pack according to local regulations.

You can check your glucose whenever you want for up to 10 days.
**Start new Sensor with Reader**

**STEP 1**
Press Home Button to turn on Reader. 
*Note:* If using Reader for the first time, follow the prompts to set date, time, and target glucose range.

**STEP 2**
Touch Start New Sensor.

**STEP 3**
Hold Reader within 1.5 inches (4 cm) of Sensor to scan it. Sensor can be used to check your glucose after 12 hours.

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**Check your glucose**

**STEP 1**
Press Home Button to turn on Reader.

**STEP 2**
Hold Reader within 1.5 inches (4 cm) of Sensor to scan it.

**STEP 3**
Reader shows your glucose readings.

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**Understanding your glucose readings**

**Glucose Graph**
Graph of your current and stored glucose readings

- **Food Note**
- **Rapid-Acting Insulin Note**
- **Target Glucose Range**
- **Current Glucose**
- **Message**
  - Touch for more information
- **Add Notes**
  - Touch to add notes to glucose reading

**Glucose Trend Arrow**
Direction your glucose is going

- **Arrow**
  - Glucose rising quickly
  - Glucose rising
  - Glucose changing slowly
  - Glucose falling
  - Glucose falling quickly

**WARNING:** When you see the symbol, you must check your blood glucose with a blood glucose meter before making any treatment decisions. Sensor readings may not accurately reflect blood glucose levels.

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**Review your history**

**STEP 1**
Press Home Button to turn on Reader. Press Home Button again to go to Home Screen.

**STEP 2**
Touch Review History.

**STEP 3**
Select option to view.