FreeStyle Libre 2

Quick Start Guide for FreeStyle Libre 2 app
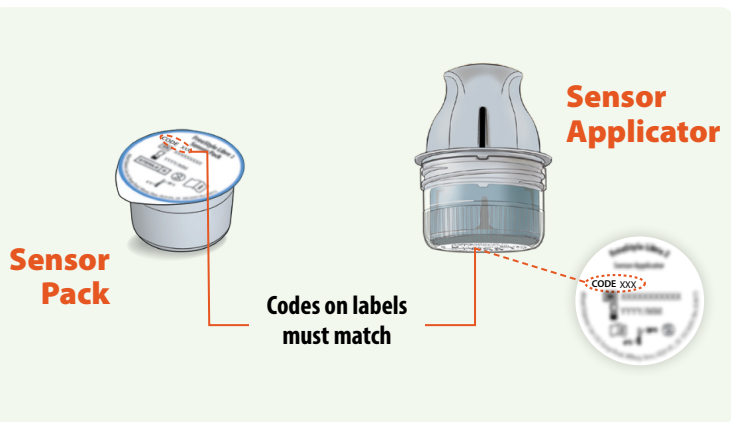
A FreeStyle Libre product

Abbott

Setup Overview

Refer to your User's Manual for full system instructions and information.

iPhone
Download **FreeStyle Libre 2** from App Store

Android phone
Download **FreeStyle Libre 2** from Google Play Store

Sensor Pack

Sensor Applicator

Codes on labels must match

1. Assemble and Apply Sensor to the back of your upper arm

2. Set up App

3. Use the App to scan your Sensor

After the start-up period, you can use the App to check your glucose

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① Assemble and Apply Sensor to the back of your upper arm
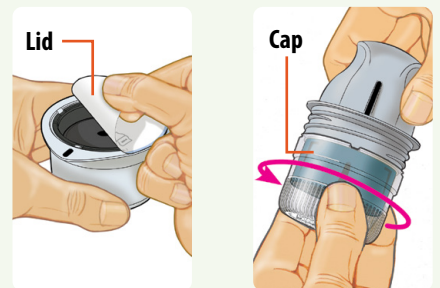
Get Ready

STEP 1

Select site on <u>back of upper arm</u>. Do not use other sites as these may result in inaccurate glucose readings.
Note: Avoid scars, moles, stretch marks, lumps, and insulin injection sites. To prevent skin irritation, rotate sites between applications.
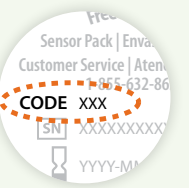
STEP 2

Wash site using a plain soap, dry, and then clean with alcohol wipe. Allow site to air dry before proceeding.
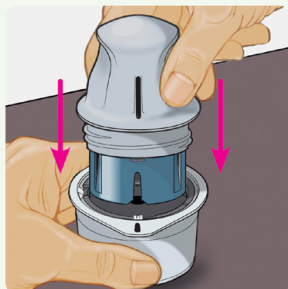
STEP 3

Lid · Cap

Peel lid completely off Sensor Pack. Unscrew cap from Sensor Applicator.

CAUTION: Sensor codes must match on Sensor Pack and Sensor Applicator or glucose readings will be incorrect.

CODE XXX

Prepare Sensor Applicator

STEP 4

Line up dark mark on Sensor Applicator with dark mark on Sensor Pack. On a hard surface, press down firmly on Sensor Applicator until it comes to a stop.

STEP 5

Lift Sensor Applicator out of Sensor Pack.
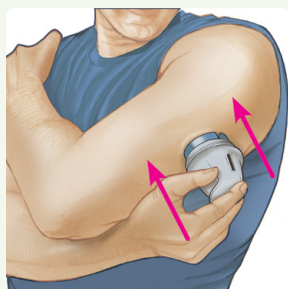
STEP 6

Sensor Applicator is ready to apply Sensor.

CAUTION: Sensor Applicator now contains a needle. Do not touch inside Sensor Applicator or put it back into Sensor Pack.
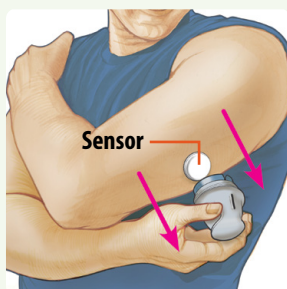
Apply Sensor

STEP 7

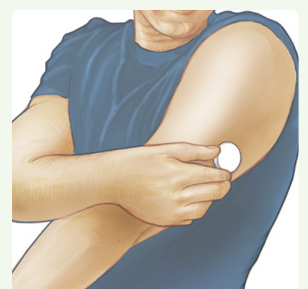Place Sensor Applicator over site and push down firmly to apply Sensor.

CAUTION: Do not push down on Sensor Applicator until placed over prepared site to prevent unintended results or injury.

STEP 8

Sensor

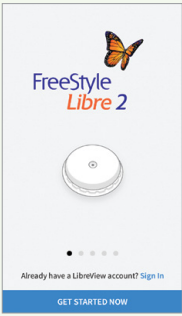Gently pull Sensor Applicator away from your body.

STEP 9

Make sure Sensor is secure. Discard used Sensor Applicator and Sensor Pack according to local regulations.
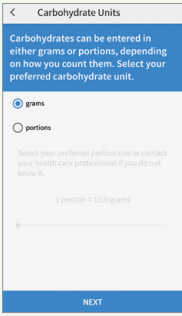
2 Set up App

STEP 1

Check your smartphone is connected to a WiFi or cellular network. Tap **Sign In** or **GET STARTED NOW**.
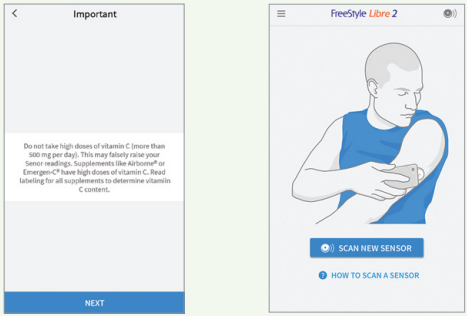
Review the legal information and follow instructions to set up a LibreView account or login to your existing account.

STEP 2

Enter your personal settings. Tap **NEXT** after each screen.

STEP 3

Review the important information on the screen. Accept the requested permissions. Tap **NEXT** to proceed until you see the Scan New Sensor screen.
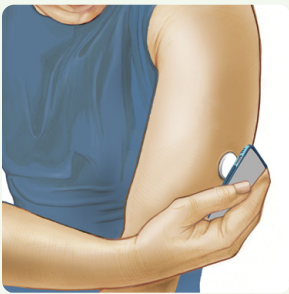
3 Use the App to scan your Sensor

How to Scan
iPhone: Tap scan button 📲 . You can either tap the blue box on the Home Screen or 📲 at the top right. Hold <u>top</u> of iPhone near Sensor until you get a tone and/or vibration.
Android phone: Hold back of Android phone near Sensor until you get two tones and/or vibrations.
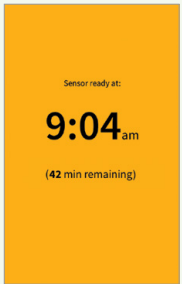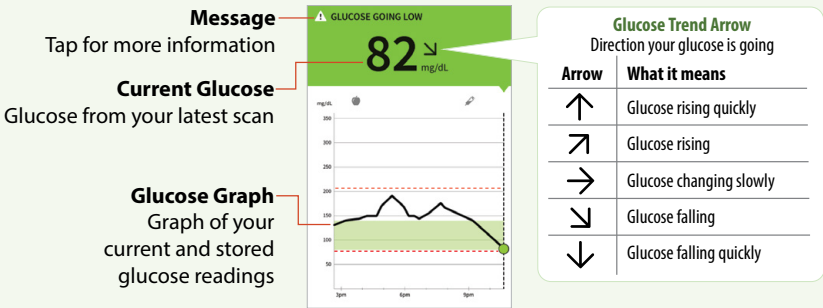
STEP 1

Scan your Sensor to start it.

Note: Before you start your Sensor choose which device you want to use. If you start the Sensor with the App, you will be unable to use the Reader to check your glucose or receive alarms.

STEP 2

The Sensor can be used to check your glucose after the start-up period. While the Sensor is starting up, you can navigate away from the App.

STEP 3

Message
Tap for more information

Current Glucose
Glucose from your latest scan

Glucose Graph
Graph of your current and stored glucose readings

Glucose Trend Arrow
Direction your glucose is going

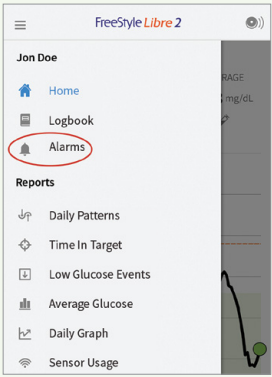| Arrow	What it means
↑	Glucose rising quickly
↗	Glucose rising
→	Glucose changing slowly
↘	Glucose falling
↓	Glucose falling quickly

Scan your Sensor to get your glucose reading.

Alarms with a FreeStyle Libre 2 Sensor

Alarms are on by default. To change their settings or turn alarms off, follow these steps.
IMPORTANT: Glucose alarms are an important safety feature. Please consult your health care professional before making changes.

Setting Alarms
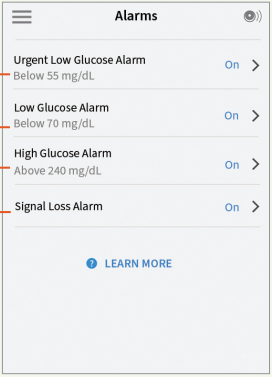
STEP 1

Tap **Alarms**.

Notifies you when your glucose is below 55 mg/dL. This alarm cannot be modified or turned off.

Notifies you when glucose is below the level you set.
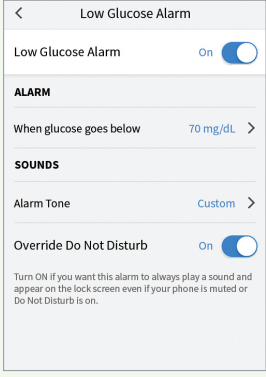
Notifies you when glucose is above the level you set.

Notifies you when Sensor is not communicating with the App and that you are not getting Low or High Glucose Alarms.
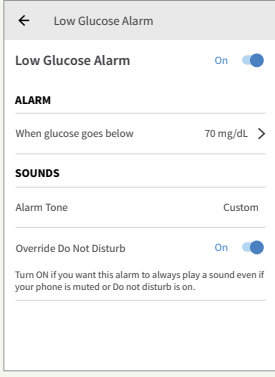
STEP 2

Select the alarm you want to change.

STEP 3

iPhone   **Android phone**

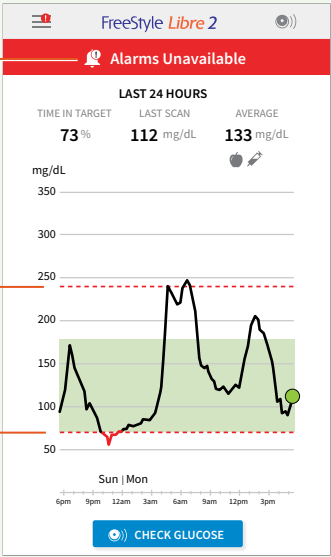Tap to change your settings. Tap **SAVE** after each selection.

Using Alarms

Urgent Low Glucose Alarm ⚠️
Dismiss Alarm & Check Glucose.

Low Glucose Alarm ⚠️
Dismiss Alarm & Check Glucose.

High Glucose Alarm ⚠️
Dismiss Alarm & Check Glucose.

Signal Loss Alarm ⚠️
Alarms are unavailable. Scan Sensor.

Swipe or tap to dismiss the alarm and check your glucose. You must scan your Sensor to see your glucose reading.

The 🔔 symbol displays if alarms are not available

High Glucose Alarm Level

Low Glucose Alarm Level

Example screens displayed for iPhone