



FreeStyle Libre 3

CONTINUOUS GLUCOSE MONITORING SYSTEM

Quick Start Guide



Setup Overview

Refer to your User's Manual for full System instructions and information.

Reader
USB Port, Touchscreen, Home Button

Sensor Applicator

- 1 Apply Sensor to your body**
- 2 Start new Sensor with Reader**
Wait 60 minutes for start-up
- 3 Check your glucose whenever you want for up to 14 days**

1 Apply Sensor to your body

Get Ready

STEP 1

Select site on back of upper arm.
Note: Avoid scars, moles, stretch marks, lumps and insulin injection sites. To prevent skin irritation, rotate sites between applications. Consider your comfort and activities.

STEP 2

Wash site using a plain soap, dry and then clean with alcohol wipe. Allow site to air-dry before proceeding.

STEP 3

Unscrew cap from Sensor Applicator.

CAUTION:

- Do NOT use if damaged or if tamper label indicates Sensor Applicator has already been opened.
- Do NOT put cap back on as it may damage the Sensor.
- Do NOT touch inside Sensor Applicator as it contains a needle.

Apply Sensor

STEP 4

Place Sensor Applicator over site and push down firmly to apply Sensor.
CAUTION: Do NOT push down on Sensor Applicator until placed over prepared site to prevent unintended results or injury.

STEP 5

Gently pull Sensor Applicator away from your body.

STEP 6

Make sure Sensor is secure. Put the cap back on the Sensor Applicator. Discard the used Sensor Applicator. See *Disposal* section in the User's Manual.

2 Start new Sensor with Reader

STEP 1

Press Home Button to turn on Reader. Then touch **Start New Sensor** when you see this screen.
Note: If using Reader for the first time, follow the prompts to set up the Reader.

STEP 2

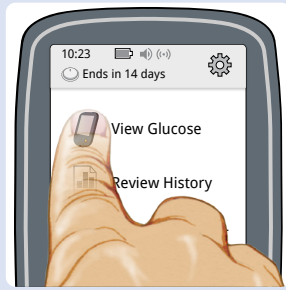
Hold Reader so that the screen touches the Sensor to start it. You may need to move your Reader around slowly until you find the right spot.
Note: Before you start your Sensor, choose which device you want to use. If you start the Sensor with the Reader, you will be unable to use the App to check your glucose or receive alarms.

STEP 3

Review the important information on the screen. Reader will automatically display your glucose reading after 60 minutes.

3 Check your glucose

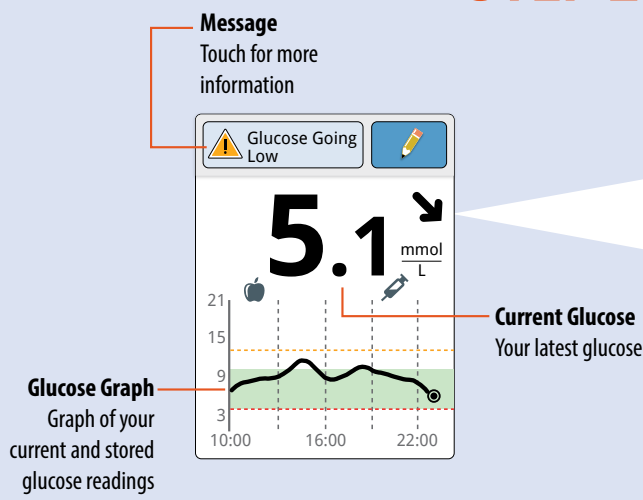
STEP 1



Press Home Button to turn on Reader and touch **View Glucose** from Home Screen.

Note: Reader automatically gets glucose readings when it is within 10 metres (33 ft) of your Sensor.

STEP 2



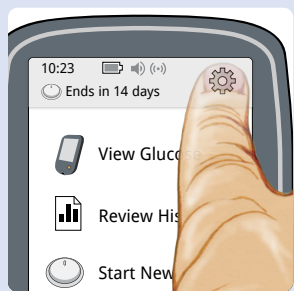
Glucose trend arrow	
Direction your glucose is going	
Arrow	What it means
↑	Glucose rising quickly
↗	Glucose rising
→	Glucose changing slowly
↘	Glucose falling
↓	Glucose falling quickly

Reader shows your glucose reading. This includes your Current Glucose, Glucose Trend Arrow and Glucose Graph.

Setting Alarms

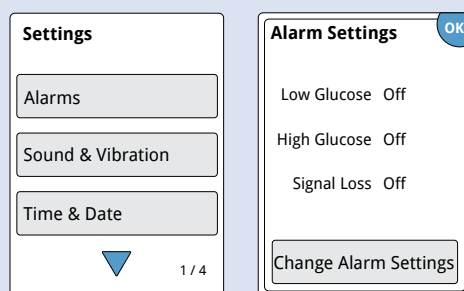
The Sensor automatically communicates with the Reader and can give you glucose alarms if you turn them **ON**. Alarms are **OFF** by default. To turn alarms **ON** or change their settings, follow these steps.

STEP 1



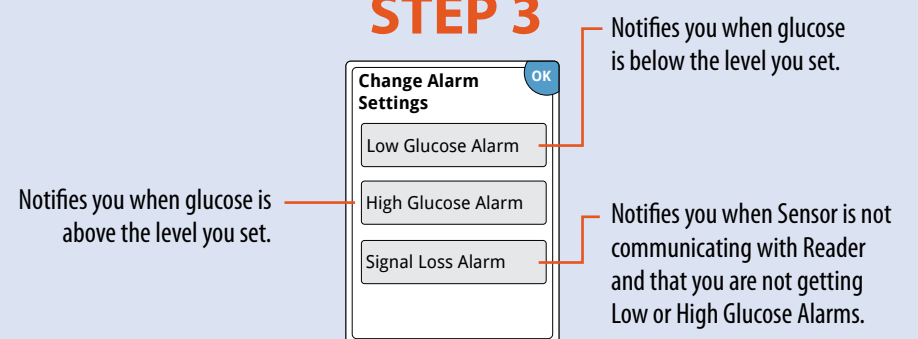
Press Home Button to go to Home Screen. Touch .

STEP 2



Touch **Alarms** and then touch **Change Alarm Settings**.

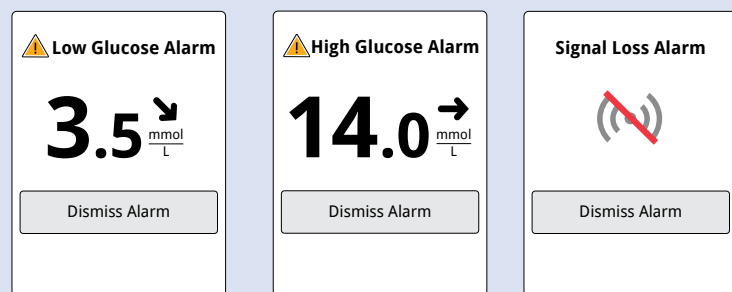
STEP 3



Select and set your alarms. Touch **done** to save.

Note: The first time you turn on the Low or High Glucose Alarm, the Signal Loss Alarm will automatically turn on too. Touch **Signal Loss Alarm** to turn it off.

Using Alarms



Touch **Dismiss Alarm** or press the Home Button to dismiss the alarm.



Sound/vibration and signal status display on the Home Screen and some results screens.

Symbol	What it means
	Sound and Vibration ON
	Sound and Vibration OFF
	Sensor communicating with Reader
	Sensor not communicating with Reader

Refer to User's Manual for additional symbols.

If you have followed the instructions described in the User's Manual and are still having difficulty setting up your System or if you are experiencing symptoms that are not consistent with your glucose monitoring, contact your healthcare professional.