

followed the instructions in this Owner's Setup Guide.

healthcare professional **immediately**.

The meter displays blood glucose results in mmol/L. The unit of measurement is preset. You cannot change this setting.

		IMPORIANI: The	meter displays results from 1.1 - 27.8 mmol/L. Low or high blo	od glucose results can indicate a potentially serious me	edical condition.
ow Blood Glucose Results			High Blood Glucose Results		
If You See	What It Means	What To Do	If You See	What It Means	What
	Appears when result is lower than 3.9 mmol/L or the target set on the meter by your healthcare professional.	Follow your healthcare professional's advice to treat low blood glucose.		Appears when result is higher than 13.3 mmol/L or the target set on the meter by your healthcare professional.	Follow your healthca advice to treat high
A solid red arrow A blinking red arrow	A pattern of low glucose has developed. If 2 low results occur within the past 5 days AND both are within the same 3-hour time period, the meter will display a blinking <b>1</b> .	Follow your healthcare professional's advice to treat low blood glucose.	yellow arrow	A pattern of high glucose has developed. If 3 high results occur within the past 5 days AND all are within the same 3-hour time period, the meter will display a blinking $\Upsilon$ .	Follow your healthca advice to treat high
LO Appears when result is lower than 1.1 mmol/L	Severe low blood glucose <b>or</b> There may be a problem with the test strip.	Repeat the test with a new test strip. the result is LO, contact your healthca professional <b>immediately</b> .		Blood glucose level is higher than or equal to 13.3 mmol/L.	Check blood ketone is part of your diabe program.
<b>Note:</b> If you see the error messages E-3 or E-4, consult <b>IMPORTANT:</b> Contact your healthcare profess	t the Error Messages section in this Owner's Setup Guide. sional if you have symptoms that do <b>not</b> match your te	st result, and you have	H I Appears when result is higher than 27.8 mmol/L	Severe high blood glucose <b>or</b> There may be a problem with the test strip.	Repeat the test with If the result is HI, cor healthcare professio

Blood Glucose
<b>I dry hands before and after testing.</b> ck test strip expiry date.
ip.
t site and apply blood.
<b>ilt.</b> nformation on how to perform a test, see

1. While on the Home screen, press 🍸 to view

**2.** Press  $\checkmark$  to scroll through to view your logbook

2. While in the logbook, press 🍸 any time to view your 7-day average. [ ]-dRy ] • Press 🗸 to view 14-day average. [IЧ-ሪ유ソ] • Press → to view 30-day average. [30-dRY] • Press 🝸 to return to your logbook events.

• Averages do not include glucose control solution

• Control solution results not marked as control solution tests may cause averages to be inaccurate. • — — appear on the meter screen when there are no current events or averages to view. • L D blood glucose test results are included as 1.1 mmol/L when calculating averages. • H | blood glucose test results are included as 27.8 mmol/L when calculating averages.

# **11** Glucose and Ketone Control Solutions





<ul> <li>A cover of the second second</li></ul>	ontrol solution test should be performed when you are not sure of ir results and want to confirm that your meter and test strips are rking properly. glucose and ketone control solutions with the meter. results should fall within the control solution range printed on ructions for use. OT number printed on the test strip foil packet and instructions of solution past its expiry date. Discard control solution 3 ening or on the expiry date printed on the bottle, whichever mple: open April 15, discard July 15; write the discard date on ottle.) ion range is a target range for control solution only, not for rels. securely on the bottle immediately after use.	IMPORTANT: (cc - Do not add wat - Control solution - Contact Custom - Contact Cu	ontinued)   ter or other liquid to control solution.   n results do not reflect your blood glucose.   ner Care for information on how to obtain control solution.   I Solution Test 1. Open the foil test strip packet at the notch and tear down to remove the test strip. 1. Insert the test strip until the meter turns on. 1. Se sure to check that your meter screen is working properly each time you turn your meter on. If you see any white segments in the black off screen, or any black segments in the white test screen, there may be a problem with the meter. (See Section 5, Getting to Know Your Meter, for more details.) 1. The meter turns off after 3 minutes of inactivity. Remove and reinsert the unused test strip to restart the meter.	IMPORTANY not marked averages.	T: The test result will be save as a control solution test. This	blinks, indicating the meter is ready for you to a sample to the test strip. KET will appear on the screen if you have inserted a blood ketone strip. ss and hold the down arrow for 3 seconds to <b>rk the test as a control solution test</b> . The appears. The meter is now ready for you to apply trol solution to the test strip. d to memory as a blood result if s may affect your blood glucose		<ul> <li>4. Apply control solution to the test strip. Shake the control solution bottle to mix the solution. Apply a drop of control solution to the white area at the end of the test strip in the area shown. The control solution is drawn into the test strip.</li> <li>5. Hold the control solution to the test strip until:</li> <li>You see 3 short lines on the meter screen. This means you have applied enough control solution and the meter is reading the control solution. Notes:</li> <li>If you are testing with a blood glucose strip, you will see a 5-second countdown. If you are testing with a blood ketone strip, you will see a 10-second countdown.</li> <li>Do not remove the test strip from the meter during the countdown.</li> <li>If the countdown does not start, remove and discard the used test strip, turn off the meter and try again with a new strip.</li> </ul>	Examples:Series	<ul> <li>6. View the result.</li> <li>The test is complete (examples shown) when the result appears on the meter screen. The result is stored in memory as a control solution result.</li> <li>Compare the control solution result to the range printed on the blood glucose or blood ketone test strip instructions for use. The result should fall within the range.</li> <li>Mote: KET appears with the result if performing a ketone control solution test.</li> <li>Out of Range Control Solution Results:</li> <li>Repeat the test if control solution results are outside the range printed on the test strip instructions for use.</li> <li>Stop using the meter if control solution results are consistently outside the range printed on the test strip instructions for use.</li> </ul>	Transferring meter data to a compute will also need a micro USB cable to co For more information, please contact WARNING: To avoid the possibilit while the meter is connected to the while the meter is connected to the second s	r requires a compatib nnect your meter's U Customer Care. ty of electric shock, n he computer.
13 Error Me	ssages						<b>14</b> Taking Care of	Your Meter				
Message E-I E2	What It MeansWhat To Dothe temperature is too hot too cold for the meter to oork properly1. Move the meter and test strips to a location where the temperature is within the test strip operating range. (See test strip instructions for use for the appropriate range.)2. Wait for the meter and test strips to adjust to the new temperature.3. Repeat the test using a new test strip.4. If the error reappears, contact Customer Care.1. Turn off the meter.2. Repeat the test using a new test strip.3. If the error reappears, contact Customer Care.3. If the error reappears, contact Customer Care.	MessageE-3B O Ir O TI ttE-4E-5	What It MeansWhat To DoBlood drop is too small or ncorrect test procedure or There may be a problem with the test strip1. Review the testing instructions. 2. Repeat the test using a new test strip. 3. If the error reappears, contact Customer Care.Che blood glucose level may be too high to be read by the system or There may be a problem with the test strip1. Repeat the test using a new test strip. 2. If the error reappears, contact Customer Care.Slood was applied to the test strip too soon1. Review the testing instructions. 2. Repeat the test using a new test strip. 2. If the error reappears, contact Customer Care.Slood was applied to the test strip too soon1. Review the testing instructions. 2. Repeat the test using a new test strip. 3. If the error reappears, contact Customer Care.	Message E-6 E-7	What It Means         Meter error         No coding required or         Test strip may be damage used, or the meter does recognise it         Meter error         Meter error	What To Do1. Check that you are using the correct strip for this meter. (See test strip instructions for use to verify your strip is compatible with this meter.)2. Repeat the test using a test strip for use with your meter.3. If the error reappears, contact Customer Care.yed, not1. Check that you are using the correct test strip for this meter. (See test strip instructions for use to verify your strip is compatible with this meter.)yed, not1. Check that you are using the correct test strip for this meter. (See test strip instructions for use to verify your strip is compatible with this meter.)2. Repeat the test using a test strip for use with your meter.3. If the error reappears, contact Customer Care.1. Turn off the meter.2. Repeat the test using a test strip for use with your meter.	Changing Batteries You Note when IMPORTANT: After approximately 28 WARNING: Batteries should be the healthcare professional immediat	will see this screen when your batteries are low. e: Your meter settings and logbook information will be saved in you change the batteries. er you first see this warning, you can perform tests before you need to change the batteries. kept away from small children. If swallowed, contact a ately. <b>Action</b> 1. Turn meter over and slide open the battery door on the side as shown.		Action       2. Remove the old batteries.       3. Install new batteries with (+) facing up.       Note: The meter uses 2 replaceable CR 2032 coin cell batteries.       4. Slide the door back into place until it clicks.       Note: The next time you turn your meter on, it may prompt you to reset the time and date. (Refer to Section 6 Section 16	Note: When you no longer need the meter in accordance with your local in this with local regulation         Image: Step         1       Clean the outside of the mixture of 1 per state of the mixture of 1 per state of the meter to the mete	e meter, remove the ba government regulation is product should be re- pons for separate collect <b>Act</b> of the meter using a soap and water, or lcohol, or art household bleach o dry.
15				16		<ol> <li>a. If the error reappears, contact Customer Care.</li> </ol>				o, secting op the meter).	<b>IMPORTANT:</b> Do <b>not</b> p dust, dirt, blood, contro meter's test strip port a	place the meter in wa ol solution, water, or a and USB port.
<b>15</b> Troubles	shooting			<b>6</b> Insu	lin Dose Logging							
1. Test strip       Test         is inserted       in         in the       strip         port and       Not         nothing       Dea         happens.       Met	What It Means         strip is not inserted properly or fully into the meter         batteries are installed; Batteries installed incorrectly         d batteries         er may be plugged into a computer (PC appears on meter screen)         olem with the test strip	1. With the contact bars (3)         This turns on the meter.         2. If the meter still does not         Refer to Section 14, Taking (2)         Change batteries. Reset dat         Unplug the meter from the         Try a new test strip.	What To Do         It black lines) facing up, insert the test strip into the meter until it stops.         It turn on, contact Customer Care.         Care of Your Meter, on how to properly install batteries.         te and time, if needed.         e computer.	This feature allows you this feature at any time <b>Set Up for Insulin</b>	a to log insulin doses so they e. <b>n Dose Logging</b> <b>1.</b> Whi 3 se Logy <i>Not</i>	are recorded in the logbook. You can enable ile on the Home screen, press and hold <equation-block> for conds until the 🍾 appears. Insulin Dose ging is now enabled. te: To turn off this feature, repeat this step.</equation-block>		<ul> <li>2. Choose type of insulin dose. Using the chart below, press the button for the dose you want to log.</li> <li>morning Long-acting insulin</li> <li>evening Long-acting insulin</li> <li>breakfast Meal insulin</li> <li>Meal insulin</li> <li>dinner Meal insulin</li> </ul>	How to Log Additional Bania	4. Press into log dose.		<ol> <li>Press ~ amount.</li> <li>Press □ 1</li> </ol>
2. The test does not start after applying the blood sample. Prot	olem with the meter od sample is too small ople applied after meter turns off olem with meter or test strip	<ol> <li>Contact Customer Care.</li> <li>See test strip instructions</li> <li>Repeat the test using a n</li> <li>If the test still does not st</li> <li>Review the testing instru</li> <li>Repeat the test using a n</li> <li>If the test still does not st</li> </ol>	is for use for re-application instructions. new test strip. start, contact Customer Care. uctions. new test strip. start, contact Customer Care. new test strip. start, contact Customer Care.	How to Use Insul For long-acting insulin	Iin Dose Logging         and/or insulin for breakfast,         Iin Dose Logging         and/or insulin for breakfast,         Iin Dose Logging         Iin Dose Logging	, lunch, or dinner. ile on the Home screen, press 🔦 .		3. Press ∽ or ∽ to enter the actual dose amount.	(e.g. snacks, bedtime correction, etc.)	<ol> <li>While on the Home screen, press and hold  for 3 seconds until the screen changes.</li> </ol>		
17 Meter Sp	pecifications			<b>18</b> Othe	er Symbols		<b>19</b> References				<b>Distributed by:</b> Abbott Diabetes Care	Abbott Laboratories Pa
Assay method Automatic shutoff	Amperometry At least two minutes of inactivity	Power source Size	Two CR 2032 lithium (coin cell) batteries 5.97 cm (w) x 8.68 cm (l) x 0.87 cm (d) 2 35 in (w) x 3 42 in (l) x 0 34 in (d)	Symbol i Consu Tempe	What It Means It instructions for use erature limit	Symbol     What It Means	<ol> <li>Schade DS, Eaton RP. Metabolic and clinica 4:1–27.</li> <li>Wiggam MI, O'Kane MJ, Harper R, Atkinso normalization of blood 3-hydroxybutyrate 20:1347–1352.</li> <li>Harano Y, Kosugi K, Hyosu T, Suzuki M, Hid (insulin-dependent) diabetes and their va Ubukata E. Diurnal variation of blood keto dich accounting and their way of the second second.</li> </ol>	al significance of ketosis. Special Topics in Endocrinology and Metabolism 1982; in AB, Hadden DR, Trimble ER, Bell PM. Treatment of diabetic ketoacidosis using e concentration as the endpoint of emergency management. Diabetes Care 1997; laka H, Kashiwagi A, Uno S, Shigeta Y. Ketone bodies as markers for Type 1 lue in the monitoring of diabetes control. Diabetologia 1984; 26:343-348. ine bodies in insulin-dependent diabetes mellitus and non-insulin-dependent in the control. Diabetone in the control in the control of the control in the control of the control in the contr			Ob Doncaster Rodu Doncaster 3108 Victoria, Australia ABN 95000 180 389 1800-801-478 Abbott Laboratories (M) Sdn Bhd Abbott Diabetes Care No.22, Jalan Pemaju U1/15, HICOM-Glenmarie Ind.Park	Abbott Diabetes Care Opposite Radio Pakista Transmission, Hyderabad Road, Land Karachi, Pakistan 021-35100321 Abbott Laboratories (Singapore) Pte Ltd Abbott Diabetes Care
Battery life	Up to 3000 tests	Storage temperature	-20 °C to 60 °C (-4 °F to 140 °F)	Manut	facturer	IVD In vitro diagnostic medical device	<ul> <li>diabetes mellitus patients: The relationshi 34:333–342.</li> <li>Luzi L, Barrett EJ, Groop LC, Ferrannini E, D metabolism in diabetic ketoacidosis. Diabe</li> <li>Hale PJ, Crase J, Nattrass M. Metabolic effe 1035–1038.</li> </ul>	p to serum C-peptide immunoreactivity and free insulin. Ann Nutr Metab 1990; PeFronzo RA. Metabolic effects of low-dose insulin therapy on glucose etes 1988; 37:1470–1477. ects of bicarbonate in the treatment of diabetic ketoacidosis. Br Med J 1984; 289;			40150 Shah Alam, Selangor Malaysia 03-5566-3388	1 Maritime Square #12 Harbour Front Centre Singapore 099253 1800-272-2881
Measurement range Memory	For blood glucose testing 1.1 - 27.8 mmol/L For blood ketone testing 0.0 - 8.0 mmol/L Up to 1000 events, including blood glucose, blood ketone, and control solution results, insulin doses, and other meter information	System altitude Weight	See test strip instructions for use 33 to 37 g (1.2 to 1.3 oz.) including batteries	LOT   Batch     Image: Batch   Do not     Image: Date of the second se	code t re-use of manufacture	KEF     Catalogue number       Catalogue number     Recycle       SN     Serial number					FreeStyle and related brand m jurisdictions. This product(s) and/or its mar following patents: US5,509,41	narks are trademarks nufacture and/or use 10; US5,628,890; US5
Minimum computer requirements	System must only be used with EN60950-1 rated computers. Use a USB certified cable	<b>Note:</b> For test strip specifica	ations, see test strip instructions for use.	Do not	t drink atteries in this product should egulations for separate collec	Sterilised using irradiation (lancets only)         d be removed and disposed in accordance with ction of spent batteries.					US6,/64,581; US6,939,450; U US6,591,125; US7,058,437; U US7,998,337; US8,118,993; U US8,241,486; US8,372,261; EF EP1135679B1; EP1801229B1; CA2305800C Additional pate	56,377,894; US6,600, 57,504,019; US7,740, 58,182,671; US8,211, P1,009,850B1; EP1,11 CA2302448C; CA234 nts may be issued as
Operating relative humidity Operating	10% to 90% (non-condensing) Meter: 10 °C to 50 °C (50 °F to 122 °F) System: See test strip instructions for uso	Electromagnetic Compatibility (EMC frequency interference. Emissions an frequency interference do not use th other electrical or electronic equipm operation of the meter. Avoid use of	C): FreeStyle Optium Neo meter has been tested for both electrostatic discharge and radio are low and unlikely to interfere with other nearby electronic equipment. To limit radio the FreeStyle Optium Neo meter near cellular or cordless telephones, radio transmitters or ment that are sources of electromagnetic radiation, as these may interfere with the proper of the device in very dry environments, as electrostatic discharges from synthetic materials	X								
competature	שאוניות. שכב נכשר שנוף ווושנו ערנוטוש וטר מצפ	(e.g., carpets) could cause damage.										Witney, Oxon 0X29 0YL, UK

	What It Means	What To Do	Introduction This feature allows you to log insulin doses so they are reco
1. Test strip is inserted in the	Test strip is not inserted properly or fully into the meter	<ol> <li>With the contact bars (3 black lines) facing up, insert the test strip into the meter until it stops. This turns on the meter.</li> <li>If the meter still does not turn on, contact Customer Care.</li> </ol>	this feature at any time. Set Up for Insulin Dose Logging
strip port and pothing	No batteries are installed; Batteries installed incorrectly	Refer to Section 14, Taking Care of Your Meter, on how to properly install batteries.	3 seconds u Logging is u
happens.	Dead batteries	Change batteries. Reset date and time, if needed.	Note: To tu
	Meter may be plugged into a computer (PC appears on meter screen)	Unplug the meter from the computer.	
	Problem with the test strip	Try a new test strip.	
	Problem with the meter	Contact Customer Care.	How to Use Insulin Dose Logging
2. The test does not start after	Blood sample is too small	<ol> <li>See test strip instructions for use for re-application instructions.</li> <li>Repeat the test using a new test strip.</li> <li>If the test still does not start, contact Customer Care.</li> </ol>	For long-acting insulin and/or insulin for breakfast, lunch,
applying the blood sample.	Sample applied after meter turns off	<ol> <li>Review the testing instructions.</li> <li>Repeat the test using a new test strip.</li> <li>If the test still does not start, contact Customer Care.</li> </ol>	
	Problem with meter or test strip	<ol> <li>Repeat the test using a new test strip.</li> <li>If the test still does not start, contact Customer Care.</li> </ol>	

Assay method	Amperometry	Power source	Two CR 2032 lithium (coin cell) batteries
Automatic shutoff	At least two minutes of inactivity	Size	5.97 cm (w) x 8.68 cm (l) x 0.87 cm (d) 2.35 in (w) x 3.42 in (l) x 0.34 in (d)
Battery life	Up to 3000 tests	Storage temperature	-20 °C to 60 °C (-4 °F to 140 °F)
Measurement range	For blood glucose testing 1.1 - 27.8 mmol/L For blood ketone testing 0.0 - 8.0 mmol/L	System altitude	See test strip instructions for use
Memory	Up to 1000 events, including blood glucose, blood ketone, and control solution results, insulin doses, and other meter information	Weight	33 to 37 g (1.2 to 1.3 oz.) including batteries
Minimum computer requirements	System must only be used with EN60950-1 rated computers. Use a USB certified cable	<b>Note:</b> For test strip specifica	tions, see test strip instructions for use.
Operating relative			



	icro USB cable to cor ion, please contact (	nnect your meter's USB port to your computer. Customer Care.
WARNING: To	avoid the possibilit	y of electric shock, never perform a blood glucose test
while the mete	er is connected to th	ne computer.
Note: When you	ı no lonaer need the	meter remove the batteries and dispose of the batteries an
neter in accorda	ince with your local g	government regulations.
	The batteries in this with local regulatio	s product should be removed and disposed in accordance ns for separate collection of spent batteries.
X_ <b>X</b> _		
aning Your	' Meter	Action
1	Clean the outside o	of the meter using a damp cloth and:
	<ul><li>Mild detergent/s</li><li>70% isopropyl al</li></ul>	soap and water, or Icohol, or
	• A mixture of 1 pa	art household bleach, 9 parts water
2	Allow the meter to	o dry.
IMF	<b>PORTANT:</b> Do <b>not</b> p	place the meter in water or other liquids. Avoid getting
met	ter's test strip port a	ind USB port.
		2. Press $\frown$ or $\smile$ to enter the actual dose
		amount.
	u	
		3. Press 🔲 to log dose.
		3. Press 🔲 to log dose.
		3. Press 🗋 to log dose.
		3. Press D to log dose.
		3. Press To log dose.
		3. Press 🗋 to log dose.
		3. Press D to log dose.
Distributed b Abbott Diahet	y: res Care	3. Press        to log dose.         Image: Constraint of the second
Distributed b Abbott Diabet 666 Doncaster Doncaster 310 Victoria. Austr	y: res Care r Road Ba alia	3. Press       to log dose.         Image: Second Secon
Distributed b Abbott Diabet 666 Doncaster Doncaster 310 Victoria, Austr ABN 95001-473	y: rsc Care rRoad 18 alia k0 389 8	3. Press  to log dose.  Abbott Laboratories Pakistan Ltd. Abbott Laboratories Pakistan Ltd. Abbott Diabetes Care Opposite Radio Pakistan Transmission, Hyderabad Road, Landhi Karachi, Pakistan Q1-35100321
Distributed by Abbott Diabett Concaster 310 Victoria, Austr Abbott Liabort Abbott Diabett No.22, Jalan F	y: ses Care r Road No atories (M) Sdn Bhd tes Care *emaju UI/15, avia lad Data	3. Press        to log dose.         Image: Solution of the second se
Distributed b Abbott Diabet 666 Doncaster Doncaster 310 Victoria, Austr ABN 95000 18 1800-801-477 Abbott Liabor Abbott Diabet No.22, Jalan F HICOM-Glenn 40150 Shah A Malaysia	y: tes Care r Road 8 atories (M) Sdn Bhd tes Care 2 emaju U1/15, narie Ind.Park ulam, Selangor	3. Press       to log dose.         Image: Second Secon

use are protected by one or more of the US5,727,548; US6,129,823; US6,736,957; 600,997; US6,773,671; US5,682,884; 740,581; US7,905,999; US7,922,883; 211,280; US8,221,612; US8,241,485; 1,119,637B8; EP1,023,455B1; 2346415C; CA2351796C; CA2353670C; Laddor pending nd/or pending.